



# Longbow

The style of bow that most people are familiar with, and where it all started for English Archery. Regarded by many as 'proper' archery, the longbow is simply a long arc made from wood joined at the tips by the bow string. Sometimes they are of a simple construction comprising one type of wood, other times they are made of many different layers stuck together (laminated). Towards the centre of the bow will be a grip made of material such as fabric or leather.

This simply makes the bow more comfortable for the archer to hold, and aids in keeping their hand in the same position every shot. This style of bow is generally not as accurate as the others mentioned above, but is still practiced by many archers across the country and the world. It is renowned for being a fun and relaxed form of archery for those who just wish to enjoy their shooting without having to worry about any pressure. Longbow can be taken as seriously as you wish, but it's very rare to see a longbow archer without a smile on their face. A feathered cap is not necessary, though I am told by certain sources it does help!

